

THE BEACH MARKET & SANDWICH SHOP

Delicious sandwiches, sides, summer salads, bread & baked goods from Pain D'Avignon & Iggy's Bakery and homemade sweets. Quality meats & cheeses from Boars Head. Fresh fruit & produce arrive daily!

Call in your order 508-487-4849

Your
Neighborhood
Convenience
Store!

SELECT OUR READY-TO-GO STANDARD GRAB & GO ROLL UP

ALL THE CLASSICS MADE FRESH THROUGHOUT THE DAY! \$9 or \$10

TRY ONE OF OUR SPECIALTY SANDWICHES

WITH YOUR CHOICE OF FRESH DAILY BREADS!

THE BEACH CRUISER: Lean juicy roast beef, provolone, red onion, lettuce, tomato & homemade horseradish sauce on multi grain bread \$13

THE TANDEM: Baked chicken breast, avocado, bacon, swiss, lettuce, tomato & mayo \$13

HYBRID: Grilled veggies on ciabatta with pickled green tomato, garlic aioli, provolone, lettuce & tomato \$12

VERMONT: Black forest ham, cheddar cheese, green apple, bacon, lettuce, tomato & homemade honey Dijon mustard, on multi grain \$12

CAPE CODDER: All natural turkey breast, herb stuffing, cranberry sauce, lettuce & a little mayo \$10

ITALIAN: Ham, Genoa salami, pepperoni, provolone, red roasted peppers, red onions, lettuce, tomato with a tasty vinaigrette or sundried tomato spread \$12

The UNICYCLE: Assorted seasoned grilled veggies with hummus, fresh arugula, tomatoes with tzatziki spread \$12

THE 3 WHEELER: Prosciutto, fig spread, fontina cheese, fresh arugula on ciabatta (served Panini style) \$11

CREATE YOUR OWN MASTERPIECE

CHOOSE ANY COMBINATION OF BREAD, MEAT, CHEESE, VEGGIES & CONDIMENTS.

WE WILL MAKE IT TO PERFECTION FOR YOU!

SALADS OR SANDWICHES

PESTO CAPRESSE: Fresh mozzarella, pesto cherry tomatoes, basil leaves on a bed chopped Romain lettuce drizzled with a balsamic glaze. \$11

KALE CEASAR: Tenderized kale, creamy Caesar dressing with parmesan, feta, homemade croutons & pickled cucumbers topped with roasted veggies or baked chicken. \$11

BREAKFAST

CLASSIC: 2 fried eggs with your choice of meat & cheese on a croissant, brioche, or bagel \$7.00 (w/ meat \$7.50)

BREAKFAST WRAP: 3 scrambled eggs with your choice of meat & cheese on a soft tortilla \$7.00 (w/ meat \$7.50)

BURRITO WRAP: 3 scrambled eggs on soft tortilla with spinach, refried beans, pepper jack cheese & siracha sauce. ~~Add meat \$2-~~ \$8.50 (with meat \$9.50)

AVOCADO TOAST: 2 fried eggs with avocado and arugula on multi grain or gluten free bread \$8.50

BAGEL: Cream cheese or fig spread \$5.50

FRUIT SALAD

JIM'S CERTIFIED ORGANIC COFFEE

HOMEMADE SWEETS

Carrot Cup Cakes • Chocolate Cup Cakes • Chocolate Chip Cookies • Brownies • Croissants
Pain Au Chocolate • Blueberry Bread Pudding • French Apple Cake • PLUS Seasonal Treats



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